



## PRESS RELEASE

### FOR IMMEDIATE RELEASE

**CONTACT:** Trish Stoffers, Health Services Assistant- 226-1734

### REDDING RANCHERIA HOLDS ANNUAL HEALTH FAIR

**Redding, CA, September 19, 2008-** The Redding Rancheria Indian Health Clinic will be holding their annual Health Fair on September 24th from 9 a.m. to 3 p.m. in the clinic parking lot. "The health fair is a fun event to experience local Native American culture and learn about important health issues. It is building understanding so you can learn preventative measures to maintain your health." Dr. Davis, Medical Director for Redding Rancheria Indian Health

The public is invited to participate in several health screenings to include: Body Fat Analysis, Cholesterol, Blood Pressure, Body Mass Index, Glucose, Depressions and Migraine paper risk assessments and a diabetes pre-screen test.

The event will have booths featuring Native American crafts including baskets and jewelry, authentic Indian Tacos, and information booths.

There will be Native American drummers and dancers performing throughout the day with opening prayer and ceremonies beginning at 9 a.m.

Questions regarding the event or anyone wanting to participate as a vendor or guest should contact Trish Stoffers at (530) 226-1734.

Redding Rancheria Indian Health Clinic  
3184 Churn Creek Rd.  
Redding CA 96002