



## PRESS RELEASE

### FOR IMMEDIATE RELEASE

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### REDDING RANCHERIA HOLDS ANNUAL HEALTH FAIR

**Redding, CA, October 2, 2007-** The Redding Rancheria Indian Health Clinic will be holding their annual Health Fair on October 18<sup>th</sup> from 9 a.m. to 3 p.m. in the clinic parking lot. "The health fair is a fun event to experience local Native American culture and learn about important health issues. It is building understanding so you can learn preventative measures to maintain your health." Dr. Davis, Medical Director for Redding Rancheria Indian Health

The public is invited to participate in several health screenings to include: Body Fat Analysis, Cholesterol, Blood Pressure, Body Mass Index, Glucose, Depressions and Migraine paper risk assessments and a diabetes pre-screen test.

The event will have booths with Native American crafts including baskets and jewelry, Indian Tacos, information booths and will feature our Think Pink Day booth for breast cancer awareness. We will have bags donated by Soroptimist International for Think Pink Day plus carnations.

There will be Native American drummers and dancers performing throughout the day with opening prayer and ceremonies beginning at 9 a.m.

Questions regarding the event or anyone wanting to participate as a vendor or guest should contact Trish Stoffers at (530) 226-1734.

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